Hypoglycaemia management (BGL <4.0 mmol/L)

Is the woman conscious?
  Yes
    Does the woman have an insulin infusion?
      Yes
        Stop insulin infusion
        Continue glucose infusion
        Urgent medical review
      No
        Tolerating oral diet?
          Yes
            Give 15 g of fast-acting carbohydrate
            Recheck BGL after 15 mins
          No
            Give 15 g of slow-acting carbohydrate
            Repeat BGL after 1 hour
            Notify doctor
            Beware of recurrent hypoglycaemia
      No
        BGL >4.0 ?
          Yes
           Doctors to revise insulin and glucose infusion rates
            Recomence insulin and glucose infusions at adjusted rates 15 mins after hypoglycaemia resolved
          No
            Activate emergency response

Fast-acting carbohydrate – 15 g
  6–7 jellybeans
  ½ can regular soft drink (not ‘diet’)
  ½ glass fruit juice
  3 teaspoons of sugar or honey
  Glucose tablets equal to 15 g

Slow-acting carbohydrate – 15 g
  250 ml milk or 200 g yoghurt
  1 slice of bread
  2 sweet plain biscuits
  1 piece of fruit
  Next meal, if within 30 minutes